

Cross Sectoral Patient Education – a Model for the Future?

Follow-up Course after Breast Cancer

EVALUATION Oct '25 - June '26

- Process data
21 partially completed (14%)
18 did not participate (12%)
112 completed the course (74%)
- Brief questionnaire after each session (8 items)
N=351 / Response rate: 81%
- Post-course questionnaire (21 items) N=97 / Response rate: 73%

RESULTS

- High completion rate
- High satisfaction
- High perceived benefit
→ **Continues as part of routine practice**

Read more here
(Article in Dansih)



COURSE PROGRAMME

Week 1

What your doctor thinks you should know about breast cancer

Week 2

Mental well-being during and after cancer

Week 3

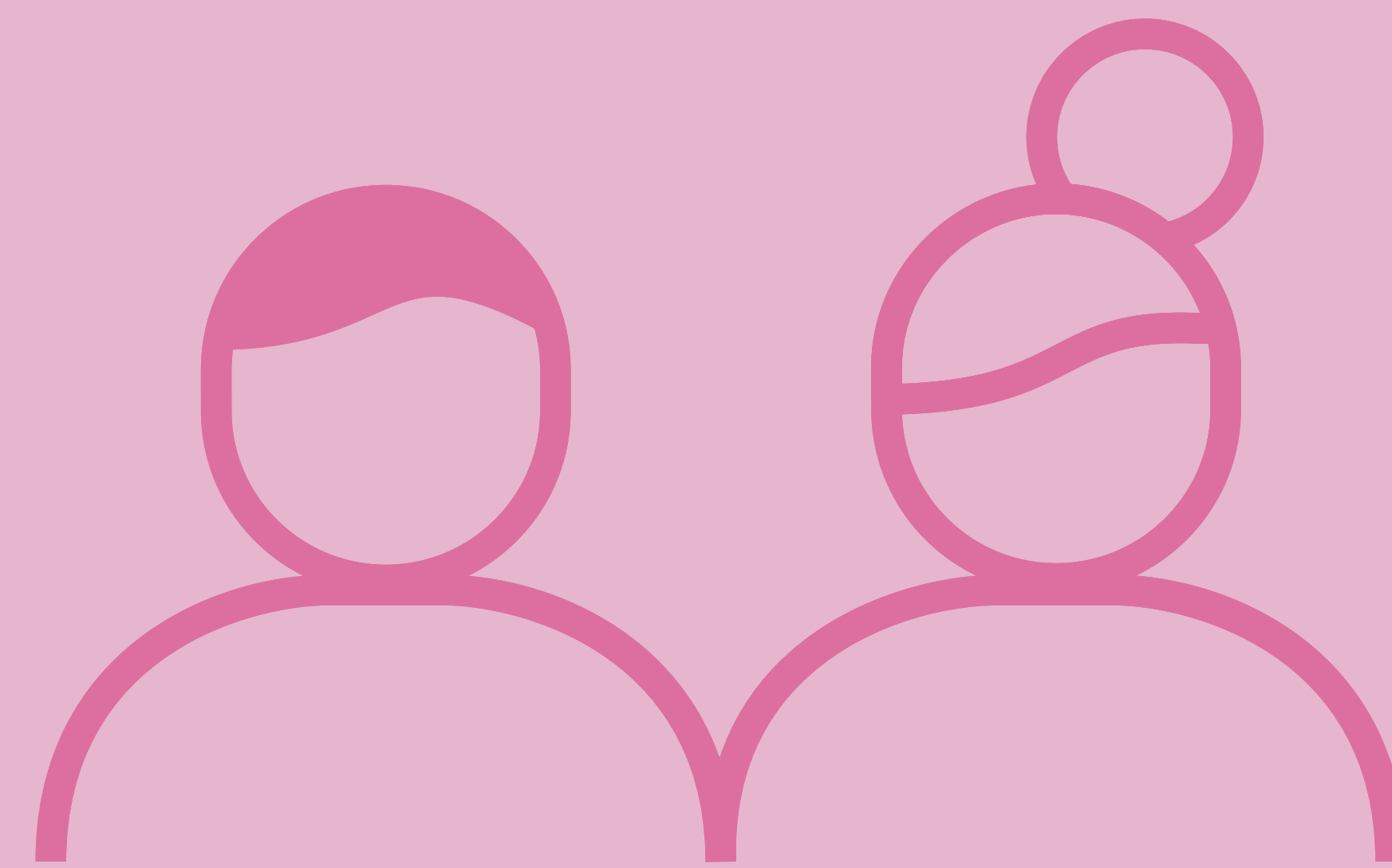
Late effects and management strategies

Week 4

Returning to everyday life / fatigue and energy management

I feel more confident and believe in my own abilities

I have tools to prevent and manage late effects



I know what signs of recurrence to look out for

I know where to get help if I need it



The course is presented as an integral part of the treatment pathway



Hospital + municipality → knowledge about treatment + knowledge about everyday life complement each other